

Resources

[COVID-19 Mental Health Resource Hub](#)

[OHSU - COVID-19 and the World of Work](#)

[Your Workpath-An Oregon Healthy Workforce Center Resource](#)

[Stress @ Work](#)

[Center for Workplace Mental Health - American Psychiatric Association](#)

[Mental Health & Suicide Prevention-SafeBuild Alliance](#)

[Stress and mental well-being in the workplace - SAIF](#)

Courses

[QPR Institute](#)

[Mental Health First Aid](#)

[Psychological First Aid - Free online course from OHSU](#)

[Supportive Supervision - free online mini-course from OHSU](#)