[](https://cascade.assp.org/)

June

2019

Meeting Info:

Meetings are held the 3rd Tuesday of every month at Sizzler located at 1010 Postal Way (off Gateway Blvd) in Springfield, Or. The Cascade Chapter does not hold meetings in July and August each year.

The no host lunch begins at 1130. Formal presentations and chapter business starts at 1200 noon.

You do not need to be a member to attend!

“Coast trip this weekend with the family!” “Outdoor concert in the park tonight!” During our rainy and sometimes snowy winters, we think about our Oregon summer; all the hikes, trips to the coast, backyard barbeques, etc. And when summer arrives those activities easily come to the forefront of all our minds. These activities are one of the reasons people work, why we all have jobs. We need a paycheck so we can enjoy some of the benefits of living through an Oregon summer. Sometimes people do not get to enjoy their summers. Two employees within this blurb writer’s network will not have the chance to enjoy this summer. Instead they will be recovering and rehabilitating from a pair of devasting injuries. We can talk at length about safety rules, policies, and the cost of injuries. Take a minute and reflect on the true value of safety and health, one that gets you and your co-workers to their days off so they can enjoy the benefits of hard work. A summer can be lost in a instant.

Summer Thoughts

Exploring open source software opportunities.

this issue

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10 Networking Fails to Avoid-ASSP 2/20/19

How many have you broken? 😊

1. Forgetting to Prepare
2. Asking for a Job Right Away
3. Exaggerating or Fabricating the Truth
4. Sticking With One Person Too Long
5. Leaving Business Cards at Home
6. Adding an Unproffessional Name to Your Address Book
7. Drinking Too Much
8. Acting Too Cool for School
9. Getting Too Personal
10. Following Up at the Wrong Time

Upcoming 2019 Safety and Health Conferences in Oregon

September 16-17 Bend: Central Oregon Occupational Safety and Health Conference

October 15-17 Ashland: Southern Oregon Occupational Safety and Health Conference

December 3-6 Portland: Western Pulp, Paper, and Forest Products Safety and Health Conference

Cascade Occupational Safety & Health Conference

The Chapter is planning for next year’s March conference in Eugene and is looking for volunteers to assist.

**Learn About Safety Internship Experiences**

Join us on Tuesday June 18th to about the Oregon State University Masters in Public Health/Environmental & Occupational Health Program and their student’s intership experiences. Associate Professor Laurel Kincl will come with two of her amazing students-Chris Burman and Stevie Finch. Chris is a first year MPH student who has been interning with Western Beverage Company. He will be talking about “Global Safety Distribution.” Stevie is graduating this week with her Master’s Degree and will come talk about her experience working with the City of Eugene Public Works on their Oregon OSHA Safety Health Achievement Recognition Program (SHARP) evaluation process.

*Want to learn more about how your company can work with an amazing student to further your safety program? Join us to find out more.*

OSHA Outreach Continuing Education Programs

<https://osha.washington.edu/osha/calendar>

Click the link above to discover top quality outreach programs to further professional development. Become an OSHA Outreach trainier for general industry and construction. Brush up on OSHA recordkeeping, ergonomics, and more!

Professional Development

Exploring open source software opportunities.

June

2019

Chapter Info:

Name

Cascade Chapter ASSP

Oregon Counties Served:

Lincoln, Benton, Linn, Lane, Coos, and Douglas

Website:

<https://cascade.assp.org>

[](https://cascade.assp.org/)

Health and Safety Manager

Georgia-Pacific

Albany, Or

Safety & Training Supervisor

Student Transportation of America

Corvallis, Or

Safety & Workers Compensation Analyst

Eugene Water & Electric Board

Eugene, Or

Safety Manager

States Industries

Eugene, Oregon

Safety Professional

Roseburg Forest Products

Dillard, Or

Safety Technician

Selmet, Inc

Albany, Oregon

Plant Safety Manager

The Wonderful Company

Bend, Or

Health & Safety Instructor

American Red Cross

Eugene, Or

Director of Safety & Risk Management Services

Salem-Keizer School District

Salem, Or

Regional EHS Leader

Hexion Inc.

Springfield, Or

EHS Manager

Amazon.com Services

Salem, Or

Job Announcements (pulled from Indeed)

Have a successful safety program, initiative, or system others could benefit form? Share it with our ASSP Chapter and be included in next month’s newsletter!

June

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Long drives? Listen to a podcast…

Safety Standards and Tech Podcasts:

<https://www.assp.org/standards/safety-standards-and-tech-pubs-podcast>

Challenge conventional thinking: <https://preaccidentpodcast.podbean.com/>

Chapter Leadership

President-Kay Coots

Vice President-Lance Hughes

Second Vice President-Dennis Hughes

Secretary-Twyla Gallaway

Treasurer-Dave Lindelien

Webpage-Brandon Mattox

Governmental Affairs-Brent Pockrus

Program Co-Chairs-Kristi Hayden and Jason Wallace

House Delegate-Kristi Hayden

Newsletter- Evan Church

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