[](https://cascade.assp.org/)

March

2019

Meeting Info:

Meetings are held the 3rd Tuesday of every month at Sizzler located at 1010 Postal Way (off Gateway Blvd) in Springfield, Or. The Cascade Chapter does not hold meetings in July and August each year.

The no host lunch begins at 1130. Formal presentations and chapter business starts at 1200 noon.

You do not need to be a member to attend!

The following individuals have been nominated by this year’s nomination committee for the elected positions with the Cascade Chapter of American Society of Safety Professionals:

President: Lance Hughes

Vice President: Dennis Hughes

Secretary: Twyla Gallaway

Treasurer: David Lindelien

House Delegate: Kristi Hayden

Delegate at Large: Mel Smith

Chapter Members may submit a signed petition nominating additional individuals for an elected office. A valid petition requires the signatures of 5 members. The petition must include, by written acceptance of the nominees(s) and shall be submitted to the Chairperson of the Nominations & Elections Committee (Kay Coots) no later than April 21st, 2019.

Officer Elections

Exploring open source software opportunities.

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March 19th Speaker

“Common Industrial Hygiene Concerns” will by the March topic presented at Sizzler. It will be presented by Averie Foster of OR-OSHA.

April/May Speakers

We are in the market! Have any topics that should be presented or that you would like to present? Reach out to Kristi @ [Khayden@eugene-or.gov](mailto:Khayden@eugene-or.gov)

June 18th Speaker

Oregon State Unveristiy/Master in Public Health Intern Project presentation.

February 19th Recap

Did you know your address must be visible from the street? How about servicing your commercial kitchen hoods twice a year while maintaining 3 years of records onsite? These questions were answered when Kristina Deschaine, Deputy State Fire Marshall presented some high frequency fire code violations during our Chapter’s February 19th meeting. She gave the group a rundown and a checklist of some frequency found items. There was a great discussion on fire extinguisher training and how fire inspection works. Also remember that Fire Code may be different than OSHA rules, but regulated entities should also go with the more protective standard.

Upcoming 2019 Safety and Health Conferences in Oregon

May 14-16 Portland: Northwest Safety and Health Summit by Region X VPPPA

June 3-4 Pendleton: Blue Mountain Occupational Safety and Health Conference

September 16-17 Bend: Central Oregon Occupational Safety and Health Conference

October 15-17 Ashland: Southern Oregon Occupational Safety and Health Conference

December 3-6 Portland: Western Pulp, Paper, and Forest Products Safety and Health Conference

Cascade Occupational Safety & Health Conference

The Chapter is planning for next year’s March conference in Eugene and is looking for volunteers to assist.

OSHA Outreach Continuing Education Programs

<https://osha.washington.edu/osha/calendar>

Click the link above to discover top quality outreach programs to further professional development. Become an OSHA Outreach trainier for general industry and construction. Brush up on OSHA recordkeeping, ergonomics, and more!

Professional Development

Exploring open source software opportunities.

March

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Chapter Info:

Name

Cascade Chapter ASSP

Oregon Counties Served:

Lincoln, Benton, Linn, Lane, Coos, and Douglas

Website:

<https://cascade.assp.org>

[](https://cascade.assp.org/)

Risk and Safety Specialist

Willamalane Park and Recreation District

Springfield, Oregon

Environmental Health and Safety Manager

Northern Gold Foods, Ltd.

Junction City, Oregon

Safety Manager

Greenberry Industrial

Eugene, Oregon

Environmental Health Safety and Sustainabilitiy Intern

Thermo Fisher Scientific

Eugene, Oregon

Health and Safety-CPR and First Aid Instructor

American Red Cross

Eugene, Oregon

Safety Manager

Stahlbush Island Farms, Inc.

Corvallis, Oregon

Safety Manager

Weyerhaeuser

Lebanon, Oregon

Safety Professional

Roseburg Forest Products

Dillard, Oregon

EHS Manager

Red Rock Biofuels

Lakeview, Oregon

HSE Specialist

AECOM

Albany, Oregon

EYE ON IT

Check out this quick video on focus and how we can easily lose sight of our surroundings

[Attention Test](https://www.youtube.com/watch?v=vJG698U2Mvo)

How can this be applied to Safety and Health at your facility?

Job Announcements (pulled from Indeed)

Exploring open source software opportunities.

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Long drives? Listen to a podcast…

Safety Standards and Tech Podcasts:

<https://www.assp.org/standards/safety-standards-and-tech-pubs-podcast>

Challenge conventional thinking: <https://preaccidentpodcast.podbean.com/>

Chapter Leadership

President-Kay Coots

Vice President-Lance Hughes

Second Vice President-Dennis Hughes

Secretary-Twyla Gallaway

Treasurer-Dave Lindelien

Webpage-Brandon Mattox

Governmental Affairs-Brent Pockrus

Program Co-Chairs-Kristi Hayden and Jason Wallace

House Delegate-Kristi Hayden

Newsletter- Evan Church

March

2019